

RIVER REGION RUNNERS (R3)  
FEBRUARY 19, 2009

The February meeting of the River Region Runners was held at the Ala Thai Restaurant in Montgomery, Alabama. Pete Preston, President, presided over the meeting.

The following officers were present:

Pete Preston-President	Ron Macksoud-Vice President
Barbara Gill- Treasurer	Dave Stever & Patti Preston-Co-Secretaries

Attendees:

Pete & Patti Preston	Howard & Barb Gill	Ron Macksoud
Dave, Barb & Chris Stever	Jim Larkins	Sabrina Lee
Chris Zenker	Gene Smith	Jeffrey Vinzant
Kym Klass	Jimmy Wood	Irene Tyner
Tom Zink	Yo Zink	

Meeting Minutes

The minutes from the January meeting were accepted.

Financial Report

The Financial report was accepted as submitted. Barbara Gill handed out a report showing the proposed budget for 2009.

Old Business

We still have not been paid for our participation in the Tuskegee run. West Marcus was not at the meeting. However, he has been working on it and has sent correspondence to get this situation handled.

Club logo

We still do not have a new club logo. Logos submitted by Cindy Cobb's students were passed around to the membership.

New Business

Barbara Gill and Pete Preston talked about ideas for the club to purchase a chip timing system. It was proposed that if we purchase a chip timing system that perhaps we should raise our prices.

Pete Preston mentioned that someone from the City of Montgomery contacted him about possibly having a ½ marathon in Montgomery.

It was also proposed that perhaps we should have a contract for groups who hire the club to work their races. Ron Macksoud said that he would look into a contract via RRCA.

Tom and Yo Zink – (Chiropractors) attended the meeting and talked to the club about possibly helping them with a run 10/31/09 or finding another date. They mentioned that they might

want to host a night run.

It was also mentioned by Pete Preston that we need a signature event that will be a 15K possibly and other club members mentioned that we should try to involve Hyundai.

Speaker- Wayne Greene, Massage Therapist, spoke to the club about the benefits of stretching before you run and after you run. Wayne offers massage therapy at the Maxwell AFB Fitness Center. Barbara Gill told the membership that if anyone is interested in his services and does not have access to Maxwell AFB that they should contact her or other military members of the running club in order to gain access to the base. Wayne handed out a list of services and the fees for the services.

Newsletter:

Please submit articles, photos and race results to Kym Klass for the newsletter.

She mentioned that the next newsletter would be an electronic newsletter sent to the membership.

Website

Remember to submit articles, race results and photos to the Webmaster Wizard.

Future Races

Jim Larkins handed out a list of future races that are available in the area and the races that the club will be working.

These can be found on the website.

The meeting was adjourned.

Patti Preston-Co-secretary-R3