

River Region Runners (R3) Meeting
August 15, 2013

The R3 held the August meeting at Cuco's Mexican Restaurant in Montgomery, Alabama. Dave Stever, President, opened the meeting at 6:30p.m. by saying that he will try to keep meetings short. All topics need to begin with a proposal, second, a succinct discussion, and a vote. Dave asked for introductions of all members. Members introduced themselves and some shared running goals.

The following officers were present:

Dave Stever – President
Beth Johnson – Vice President
Kevin Banning – Treasurer
Janet Arant – Co-Secretary
Wesley Cure – Co-Secretary

Attendees:

Wesley & Andrea Cure	Irene Tyner	Jim Larkins
Janet & Martin Arant	Ron Macksoud	West Marcus
Johnny & Beth Johnson	Brenda Hellums	Dave & Barb Stever
Chris & Jennifer White	Kathy Bond	Shannon Lushington
Stacey & Steve Searg	Deana Grant	John Porter
Kevin Banning	Pete & Patti Preston	David Flack
Avery & Erin Ainsworth	Myke & Chelle Burney	Jean Forbus

Future Races

Jim Larkins distributed copies of the updated race report and reviewed upcoming races. Spinners on calendar but no longer supported by R3

- Dave Stever explained for the Labor Day we will get together at Fort Toulouse in Wetumpka. It is a choose your distance: varied distances will be marked (furthest will be 5miles). Water and nonalcoholic beverages provided for members so BYOB if you so choose.
- Jingle Bells Run for Arthritis will be Dec 7. Irene will set up our team for R3. Go to <http://www.kintera.org/faf/home/default.asp?ievent=1069719> to register.
- Avery Ainsworth is starting a Couch to 5K prep program at Fleet Feet Sports for Jingle Bells run beginning on September 17th.

Financial Report:

Kevin Banning gave the financial report which covered July, 19 2013 through August, 15 2013. It was stated that the club will have expenses in August of approximately \$1,000 for chips. Andrea Cure motioned to approve the financial report. It was seconded by John Johnson, and passed.

Opening Balance:	\$8,159.82
Income:	\$1,041.00
Expenses:	<u>\$0.00</u>
Ending Balance:	\$9,200.82

Old Business:

In the future each item will be OPEN or CLOSED

Christmas Party

Barb Stever stated that there have been requests for information about location and food for the 2013 R3 Christmas Party. Two to three years ago a committee of volunteers led by Barb Stever. A list of restaurants presented by Barb was reviewed by the committee. Bonnie Crest Country Club in Montgomery was selected and would like to go back. Barb distributed a menu. The cost will be \$22 / person for the buffet dinner and the club will pay a portion of that. Last year the club contributed \$7. There will be a cash / credit card bar. It will be the second Thursday of December (12th) from 6 – 8:30 or 9 PM. The food is very good. Let Barb know if anyone is interested in something other than on the menu. Barb requested that members consider helping out with poinsettias (one for each table) or setting up. Pete Preston asks if we will donate the AUM nonprofit alliance again. Kevin is not 100% sure yet and is waiting to hear from his contact person.

Volunteers

Dave Stever asked members to consider volunteering to help with races: Putting up the chute, arch, cones, pallets, etc. Arrive ½ hour early to set up or stay after the race to put equipment and supplies back in truck. Jim is our equipment manager but not at every race

R3 Executive Board Meeting held on August 10, 2013:

Refer to the 2014 calendar. The board determined that the goal for R3 will be two races per month, although some months on the calendar show three because some races are not yet confirmed as to whether they will take place or not. Last year there were a few too many races so that's why the new goal of two per month has been established. Criteria for determining which races will be considered: 1) Member races? 2) How long has R3 been doing the races? Established organizations? 3) Number of race participants? An example was given of a race with very few participants – the organization was not charged by R3. David Flack asked if “fun runs” are on the calendar- they are not. Ron is working on a location for a “prediction run.”

Facebook Committee

An ongoing discussion about the Facebook page was discussed. Pros and cons of a “members only page” and a “open page” were discussed by Ron, David Flack, Pete Preston, and Andrea Cure. David Flack motioned we table the Facebook page discussion until the next meeting and keep it as an open item.

New Business:

Committees

Dave Flack proposed that committees be reappointed. Many don't know if their committee is still in existence. Exec board needs to establish committees – Dave Stever will bring list of committees to next meeting.

Agenda/Meeting Minutes

David Flack proposed we need prior notice of the agenda. Minutes will be attached to Ron's announcement of meeting location. Beth requests that the meeting location is announced prior to the one week notice that is currently given.

Club Races

Ron states that since we are a running club there should be two to three “club” races per year. We are the only club in the nation with no “real race.” (i.e. Veterans Day, Marine Corps Birthday Nov 10th). Dave Stever suggests that Ron assess club runs.

Motion to Adjourn at 7:18 PM.

John Johnson motioned to adjourn the meeting. It was seconded by Avery Ainsworth and passed.