

Place								-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace	
1	Mark Elgie	Pike Road AL	394	31	M	1 OA	47:18	47:19	7:44/M	
2	Matthew Ward	Montgomery AL	384	43	M	1 Masters	48:01	48:05	7:51/M	
3	Brian Greene	Montgomery AL	246	46	M	1/3 45-49	49:24	49:28	8:04/M	
4	Brian Olson	Fargo ND	253	43	M	1/2 40-44	49:38	49:40	8:06/M	
5	Joe Boros	Montgomery AL	208	53	M	1 GMaster	50:09	50:13	8:12/M	
6	Brendan Crimi		255	39	M	1/5 35-39	51:02	51:03	8:20/M	
7	Ryan Stinnett	Montgomery AL	193	33	M	1/1 30-34	50:45	51:10	8:17/M	
8	Stephanie Grosse	Pike Road AL	282	39	F	1 OA	51:06	51:13	8:21/M	
9	Michael Champion		338	24	M	1/3 20-24	51:56	52:32	8:29/M	
10	Terry McElwain		409	24	M	2/3 20-24	53:48	53:51	8:47/M	
11	John Porter	Montgomery AL	403	49	M	2/3 45-49	54:06	54:11	8:50/M	
12	Basil Burney		254	36	M	2/5 35-39	55:25	55:30	9:03/M	
13	Garrett Cook		211	37	M	3/5 35-39	56:25	56:45	9:13/M	
14	Melinda Thornton	Wetumpka AL	358	43	F	1 Masters	56:34	57:01	9:14/M	
15	Kerry Green	Montgomery AL	168	48	M	3/3 45-49	57:00	57:09	9:19/M	
16	Tennie Brockmann		236	48	F	1/6 45-49	59:40	1:00:04	9:45/M	
17	Meredith Marshall	Montgomery AL	397	36	F	1/4 35-39	1:00:20	1:00:27	9:51/M	
18	Keon Addison	Montgomery AL	398	38	M	4/5 35-39	1:00:22	1:00:29	9:52/M	
19	Lynn Bius		259	41	F	1/4 40-44	1:00:48	1:01:07	9:56/M	
20	Sherrie Estes	Wetumpka AL	260	48	F	2/6 45-49	1:00:58	1:01:08	9:58/M	
21	Johnny Owens	Montgomery AL	370	58	M	1/1 55-59	1:02:21	1:02:28	10:11/M	
22	Paula Elgie	Pike Road AL	395	28	F	1/2 25-29	1:05:09	1:05:14	10:39/M	
23	Lisa Free	Montgomery AL	359	51	F	1 GMaster	1:05:49	1:06:06	10:45/M	
24	Cynthia Milledge		411	46	F	3/6 45-49	1:06:24	1:06:48	10:51/M	
25	Yon Harris	Montgomery AL	261	51	F	1/2 50-54	1:06:23	1:06:48	10:51/M	
26	Monica Crimi		285	36	F	2/4 35-39	1:06:55	1:06:58	10:56/M	
27	Traci Francisco	Montgomery AL	400	46	F	4/6 45-49	1:08:37	1:08:48	11:13/M	
28	Kathleen Mahoney-Norris		216	61	F	1 SGMaste	1:08:35	1:08:49	11:12/M	
29	Beatrice Cherry	Montgomery AL	237	50	F	2/2 50-54	1:09:44	1:10:01	11:23/M	
30	Will Trice	Montgomery AL	343	24	M	3/3 20-24	1:09:59	1:10:20	11:26/M	
31	Clare Frey	Montgomery AL	278	38	F	3/4 35-39	1:09:59	1:10:21	11:26/M	
32	Kathleen Bond	Montgomery AL	262	55	F	1/2 55-59	1:10:01	1:10:23	11:26/M	
33	Claire Webb	Montgomery AL	389	8	F	1/1 4- 9	1:10:25	1:10:27	11:30/M	
34	Jennifer Frahm	Pike Road AL	279	39	F	4/4 35-39	1:12:57	1:13:20	11:55/M	
35	Kelly Reeves		166	31	F	1/4 30-34	1:12:59	1:13:43	11:55/M	
36	David Norris	Prattville AL	258	39	M	5/5 35-39	1:14:37	1:15:04	12:11/M	
37	Ashley Dean	Montgomery AL	374	25	F	2/2 25-29	1:14:37	1:15:04	12:11/M	
38	Carolyn Dean	Montgomery AL	191	57	F	2/2 55-59	1:15:23	1:15:50	12:19/M	
39	Leighann Fisher		247	32	F	2/4 30-34	1:15:32	1:15:56	12:20/M	
40	Angela Russell	Hope Hull AL	257	32	F	3/4 30-34	1:15:33	1:15:59	12:21/M	
41	Chris Green	Wetumpka AL	229	71	F	1/1 70-99	1:17:22	1:17:40	12:38/M	
42	Jennette Williams	Wetumpka AL	362	40	F	2/4 40-44	1:22:26	1:22:45	13:28/M	
43	Michelle Byrd		361	46	F	5/6 45-49	1:22:25	1:22:45	13:28/M	
44	Jill Hughes	Montgomery AL	190	42	F	3/4 40-44	1:26:57	1:27:17	14:12/M	
45	Lisa Watkins	Montgomery AL	264	42	F	4/4 40-44	1:26:58	1:27:17	14:12/M	
46	Chad Oswald		351	42	M	2/2 40-44	1:29:56	1:30:17	14:42/M	
47	Lawanna Wishum	Montgomery AL	372	61	F	1/2 60-64	1:33:07	1:33:45	15:13/M	
48	Kaya Jordan		184	30	F	4/4 30-34	1:33:14	1:33:53	15:14/M	
49	Phoebe Dunn	Montgomery AL	209	60	F	2/2 60-64	1:33:32	1:34:10	15:17/M	
50	David Flack	Montgomery AL	281	74	M	1 SGMaste	1:38:18	1:38:18	16:04/M	
51	Debra Bowden	Montgomery AL	170	47	F	6/6 45-49	1:40:03	1:40:18	16:21/M	

Family Guidance 2016

Age Group Results

Race Date
September 10, 2016

10K

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Mark Elgie	Pike Road AL	394	31	1	47:18	47:19	7:44/M

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Stephanie Grosse	Pike Road AL	282	39	8	51:06	51:13	8:21/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Matthew Ward	Montgomery AL	384	43	2	48:01	48:05	7:51/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Melinda Thornton	Wetumpka AL	358	43	14	56:34	57:01	9:14/M

Male Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Joe Boros	Montgomery AL	208	53	5	50:09	50:13	8:12/M

Female Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Lisa Free	Montgomery AL	359	51	23	1:05:49	1:06:06	10:45/M

Male Senior Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	David Flack	Montgomery AL	281	74	50	1:38:18	1:38:18	16:04/M

Female Senior Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Kathleen Mahoney-Norris		216	61	28	1:08:35	1:08:49	11:12/M

Family Guidance 2016

Age Group Results

Race Date
September 10, 2016

10K

Female 4 to 9

								-----Total-----
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Claire Webb	Montgomery AL	389	8	33	1:10:25	1:10:27	11:30/M

Male 20 to 24

								-----Total-----
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Michael Champion		338	24	9	51:56	52:32	8:29/M
2 *	Terry McElwain		409	24	10	53:48	53:51	8:47/M
3 *	Will Trice	Montgomery AL	343	24	30	1:09:59	1:10:20	11:26/M

Female 25 to 29

								-----Total-----
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Paula Elgie	Pike Road AL	395	28	22	1:05:09	1:05:14	10:39/M
2 *	Ashley Dean	Montgomery AL	374	25	37	1:14:37	1:15:04	12:11/M

Male 30 to 34

								-----Total-----
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Ryan Stinnett	Montgomery AL	193	33	7	50:45	51:10	8:17/M

Female 30 to 34

								-----Total-----
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Kelly Reeves		166	31	35	1:12:59	1:13:43	11:55/M
2 *	Leighann Fisher		247	32	39	1:15:32	1:15:56	12:20/M
3 *	Angela Russell	Hope Hull AL	257	32	40	1:15:33	1:15:59	12:21/M

Male 35 to 39

								-----Total-----
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Brendan Crimi		255	39	6	51:02	51:03	8:20/M
2 *	Basil Burney		254	36	12	55:25	55:30	9:03/M
3 *	Garrett Cook		211	37	13	56:25	56:45	9:13/M

Female 35 to 39

								-----Total-----
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Meredith Marshall	Montgomery AL	397	36	17	1:00:20	1:00:27	9:51/M
2 *	Monica Crimi		285	36	26	1:06:55	1:06:58	10:56/M
3 *	Clare Frey	Montgomery AL	278	38	31	1:09:59	1:10:21	11:26/M

Male 40 to 44

								-----Total-----
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Brian Olson	Fargo ND	253	43	4	49:38	49:40	8:06/M
2 *	Chad Oswald		351	42	46	1:29:56	1:30:17	14:42/M

Family Guidance 2016

Age Group Results

Race Date
September 10, 2016

10K

Female 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Lynn Bius		259	41	19	1:00:48	1:01:07	9:56/M
2 *	Jennette Williams	Wetumpka AL	362	40	42	1:22:26	1:22:45	13:28/M
3 *	Jill Hughes	Montgomery AL	190	42	44	1:26:57	1:27:17	14:12/M

Male 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Brian Greene	Montgomery AL	246	46	3	49:24	49:28	8:04/M
2 *	John Porter	Montgomery AL	403	49	11	54:06	54:11	8:50/M
3 *	Kerry Green	Montgomery AL	168	48	15	57:00	57:09	9:19/M

Female 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Tennie Brockmann		236	48	16	59:40	1:00:04	9:45/M
2 *	Sherrie Estes	Wetumpka AL	260	48	20	1:00:58	1:01:08	9:58/M
3 *	Cynthia Milledge		411	46	24	1:06:24	1:06:48	10:51/M

Female 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Yon Harris	Montgomery AL	261	51	25	1:06:23	1:06:48	10:51/M
2 *	Beatrice Cherry	Montgomery AL	237	50	29	1:09:44	1:10:01	11:23/M

Male 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Johnny Owens	Montgomery AL	370	58	21	1:02:21	1:02:28	10:11/M

Female 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Kathleen Bond	Montgomery AL	262	55	32	1:10:01	1:10:23	11:26/M
2 *	Carolyn Dean	Montgomery AL	191	57	38	1:15:23	1:15:50	12:19/M

Female 60 to 64

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Lawanna Wishum	Montgomery AL	372	61	47	1:33:07	1:33:45	15:13/M
2 *	Phoebe Dunn	Montgomery AL	209	60	49	1:33:32	1:34:10	15:17/M

Female 70 and over

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Chris Green	Wetumpka AL	229	71	41	1:17:22	1:17:40	12:38/M

Family Guidance 2016

Race Date
September 10, 2016

Overall Finish List

5K

Place								-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace	
1	Oliver Wells	Montgomery AL	369	27	M	1 OA	18:25	18:26	5:55/M	
2	Timothy Hornsby	Montgomery AL	367	12	M	1/5 10-14	20:11	20:14	6:29/M	
3	Chase Holmberg	Montgomery AL	160	31	M	1/2 30-34	20:14	20:15	6:30/M	
4	Nizhoni Thompson		249	16	F	1 OA	20:45	20:48	6:40/M	
5	Daniel Salera	Montgomery AL	383	39	M	1/5 35-39	21:23	21:23	6:52/M	
6	Juan Hernandez	Montgomery AL	405	47	M	1 Masters	22:53	22:54	7:21/M	
7	Brian Roughton	Prattville AL	206	43	M	1/5 40-44	23:08	23:12	7:26/M	
8	Ray Rayford	Montgomery AL	391	37	M	2/5 35-39	24:08	24:14	7:45/M	
9	Ivan Ingram	Montgomery AL	412	29	M	1/4 25-29	24:36	24:48	7:54/M	
10	Richard Johnson	Montgomery AL	399	34	M	2/2 30-34	24:55	25:11	8:00/M	
11	Jeno James	Montgomery AL	357	39	M	3/5 35-39	25:51	26:03	8:18/M	
12	Towanda Thorne		256	45	F	1 Masters	25:53	26:04	8:19/M	
13	Cheryl Elmore	Montgomery AL	275	53	F	1 GMaster	25:56	26:04	8:20/M	
14	Danielle Ingram	Montgomery AL	413	26	F	1/10 25-29	27:48	27:58	8:56/M	
15	Jodie Smith	Montgomery AL	365	53	M	1 GMaster	28:10	28:18	9:03/M	
16	Chase Hobbs	Montgomery AL	385	10	M	2/5 10-14	28:12	28:24	9:04/M	
17	Robert Leveille	Prattville AL	172	55	M	1/5 55-59	29:34	29:38	9:30/M	
18	Brenda Leveille	Prattville AL	265	48	F	1/12 45-49	30:01	30:04	9:39/M	
19	Bridget Hammett	Montgomery AL	214	46	F	2/12 45-49	30:06	30:07	9:40/M	
20	Ruth Givens	Montgomery AL	379	35	F	1/11 35-39	30:08	30:17	9:41/M	
21	Alvonta Primm		242	29	M	2/4 25-29	29:51	30:19	9:36/M	
22	Reese Davis	Wetumpka AL	330	59	M	2/5 55-59	30:32	30:33	9:49/M	
23	V Suzette Taylor	Montgomery AL	388	60	F	1 SGMaste	30:24	30:34	9:46/M	
24	Karen Frazier	Montgomery AL	217	46	F	3/12 45-49	30:17	30:35	9:44/M	
25	Michael Calloway		356	51	M	1/4 50-54	30:30	30:48	9:48/M	
26	Tamaia Hutchinson		363	41	F	1/13 40-44	31:10	31:20	10:01/M	
27	Jewel Wilkinson		263	55	F	1/7 55-59	31:29	31:39	10:07/M	
28	Frederick Perkins	Montgomery AL	396	55	M	3/5 55-59	32:15	32:17	10:22/M	
29	Anita Brown	Pike Road AL	231	46	F	4/12 45-49	32:30	32:39	10:27/M	
30	Jessica Terry	Pike Road AL	203	41	F	2/13 40-44	32:28	32:46	10:26/M	
31	Dominque Swinson		252	51	F	1/8 50-54	33:22	33:40	10:43/M	
32	Evan Lawrence	Prattville AL	239	27	M	3/4 25-29	33:10	33:44	10:40/M	
33	Ben Spivey	Montgomery AL	387	39	M	4/5 35-39	33:45	33:56	10:51/M	
34	Matt Samples	Montgomery AL	346	48	M	1/2 45-49	34:00	34:05	10:56/M	
35	Al Millergren	Montgomery AL	207	69	M	1 SGMaste	34:05	34:14	10:57/M	
36	Drew McCullough	Montgomery AL	404	57	M	4/5 55-59	33:58	34:15	10:55/M	
37	Summer Hutcheson	Montgomery AL	272	11	F	1/2 10-14	34:15	34:19	11:00/M	
38	Robert Lee	Montgomery AL	213	70	M	1/2 70-99	34:21	34:30	11:02/M	
39	Beth Davis	Wetumpka AL	226	55	F	2/7 55-59	34:33	34:40	11:06/M	
40	Thomas Minehart		205	60	M	1/2 60-64	34:29	34:44	11:05/M	
41	Christy Cronler		410	39	F	2/11 35-39	34:38	34:49	11:08/M	
42	Demetria Pollard		244	42	F	3/13 40-44	34:42	34:52	11:09/M	
43	Samantha Uzzle	Warner Robins GA	382	41	F	4/13 40-44	35:29	35:38	11:24/M	
44	Michael Smith	Montgomery AL	381	44	M	2/5 40-44	35:30	35:38	11:25/M	
45	Jessica Hall		280	27	F	2/10 25-29	35:11	35:45	11:18/M	
46	Carolynne Blakney	Al AL	187	56	F	3/7 55-59	35:28	35:51	11:24/M	
47	Julie Anne Johnson		248	16	F	1/1 15-19	36:12	36:17	11:38/M	
48	Michaela Hutcheson	Montgomery AL	171	42	F	5/13 40-44	36:15	36:39	11:39/M	
49	Destiny Tingto Sadler	Montgomery AL	377	34	F	1/11 30-34	36:34	36:43	11:45/M	
50	Olaleatha Todd-Williams	Montgomery AL	189	47	F	5/12 45-49	36:47	36:56	11:49/M	
51	Wayne Tadlock		340	50	M	2/4 50-54	36:47	37:11	11:49/M	
52	Robert Vines		245	23	M	1/2 20-24	36:47	37:12	11:49/M	
53	Libby Oswald		243	42	F	6/13 40-44	37:18	37:24	11:59/M	
54	Sana Burney		284	30	F	2/11 30-34	37:43	37:51	12:07/M	
55	Tracy Smith	Montgomery AL	366	45	F	6/12 45-49	38:07	38:15	12:15/M	
56	Arlisha Price	Montgomery AL	408	28	F	3/10 25-29	37:36	38:18	12:05/M	
57	Felecia Blair	Montgomery AL	407	32	F	3/11 30-34	37:35	38:18	12:05/M	
58	Carolyn Irwin	Prattville AL	183	67	F	1/3 65-69	37:55	38:24	12:11/M	
59	Lashauna Burton	Montgomery AL	402	39	F	3/11 35-39	38:17	38:27	12:18/M	
60	Nettie Carter		227	48	F	7/12 45-49	38:17	38:33	12:18/M	
61	Sandy Deininger	Wetumpka AL	224	54	F	2/8 50-54	39:04	39:07	12:33/M	
62	Christy Kribbs		360	35	F	4/11 35-39	38:58	39:15	12:31/M	
63	Sandra McCullough	Montgomery AL	406	51	F	3/8 50-54	38:59	39:17	12:32/M	
64	Genie Pyrluk	Montgomery AL	215	60	F	1/8 60-64	39:11	39:39	12:36/M	
65	Rachel Loffin	Montgomery AL	165	55	F	4/7 55-59	39:11	39:39	12:36/M	
66	Michael Champion		339	55	M	5/5 55-59	39:17	39:54	12:38/M	
67	Lisa Ranieri		276	24	F	1/2 20-24	39:53	40:19	12:49/M	

Family Guidance 2016

Race Date
September 10, 2016

Overall Finish List

5K

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
68		Brittany Payne		204	25	F	4/10 25-29	40:41	41:06	13:05/M
69		Unknown Partic. 197		197		M	1/1 0- 3	40:15	41:09	12:56/M
70		Leigh Smith		336	28	F	5/10 25-29	40:15	41:09	12:56/M
71		Lyndsey Whaley		195	29	F	6/10 25-29	40:18	41:12	12:57/M
72		Betty Ranieri	Montgomery AL	368	49	F	8/12 45-49	40:54	41:21	13:09/M
73		Devonte' Carter		228	17	M	1/1 15-19	41:22	41:38	13:18/M
74		Carlenne Johns		250	60	F	2/8 60-64	41:40	41:59	13:24/M
75		Hannah Rogers		238	26	F	7/10 25-29	41:49	42:01	13:26/M
76		Davita Duvall	Montgomery AL	325	37	F	5/11 35-39	41:48	42:13	13:26/M
77		Zac Childs		230	11	M	3/5 10-14	41:58	42:31	13:29/M
78		Sherkitha Jackson		210	39	F	6/11 35-39	42:46	42:55	13:45/M
79		Kallie Hampton		277	8	F	1/1 4- 9	42:19	42:59	13:36/M
80		Wade Hampton		337	37	F	7/11 35-39	42:20	42:59	13:36/M
81		Jennifer Wilson	Elmore AL	286	40	F	7/13 40-44	43:21	43:55	13:56/M
82		Gail Childs		332	50	F	4/8 50-54	43:23	43:56	13:57/M
83		Jeff Schlesinger	Tallassee AL	371	52	M	3/4 50-54	44:50	45:28	14:25/M
84		Mona Hurston	Pike Road AL	392	40	F	8/13 40-44	45:26	45:55	14:36/M
85		Natalie Collar		341	55	F	5/7 55-59	45:56	46:12	14:46/M
86		Brody Hutcheson	Montgomery AL	267	8	M	1/1 4- 9	45:57	46:20	14:46/M
87		Shelby Hutcheson	Montgomery AL	323	43	M	3/5 40-44	45:58	46:27	14:46/M
88		Karen Sanders	Montgomery AL	201	60	F	3/8 60-64	46:17	46:30	14:53/M
89		Jessica Shemill		202	31	F	4/11 30-34	46:29	46:42	14:57/M
90		Kimberly Fincher		283	31	F	5/11 30-34	46:30	46:42	14:57/M
91		Frances Watts	Montgomery AL	390	65	F	2/3 65-69	47:29	47:44	15:16/M
92		Tessa Antoon	Montgomery AL	386	39	F	8/11 35-39	47:22	47:45	15:14/M
93		Monique Lavalais	Montgomery AL	378	45	F	9/12 45-49	47:38	47:51	15:19/M
94		Barbara Kennedy	Mathews AL	220	56	F	6/7 55-59	48:13	48:15	15:30/M
95		Cheryl Franklin	Montgomery AL	373	39	F	9/11 35-39	48:02	48:18	15:26/M
96		Allie Jones		297	43	F	9/13 40-44	47:57	48:32	15:25/M
97		B-Otis Towns		348	50	F	5/8 50-54	48:15	48:36	15:31/M
98		Douglas Medcalf	Wetumpka AL	288	65	M	1/1 65-69	48:03	48:38	15:27/M
99		Teresa Kever	Wetumpka AL	350	48	F	10/12 45-49	48:41	49:11	15:39/M
100		Vanessa Tullo	Montgomery AL	298	44	F	10/13 40-44	48:42	49:13	15:39/M
101		Antionette Brown	Montgomery AL	333	52	F	6/8 50-54	49:07	49:40	15:47/M
102		Gloria Witherspoon	Montgomery AL	185	61	F	4/8 60-64	49:52	49:59	16:02/M
103		Kim Kimbrough		240	38	F	10/11 35-39	50:00	50:10	16:04/M
104		Joshua Muschara	Montgomery AL	296	35	M	5/5 35-39	50:38	51:13	16:17/M
105		Mary Ford	Montgomery AL	163	56	F	7/7 55-59	50:38	51:14	16:17/M
106		Christina Flack	Wetumpka AL	188	41	F	11/13 40-44	51:05	51:37	16:25/M
107		Walter Hutchinson		364	44	M	4/5 40-44	51:31	51:42	16:34/M
108		Zelva Frazier		293	43	M	5/5 40-44	51:12	51:43	16:27/M
109		Cecily Jackson		289	42	F	12/13 40-44	51:14	51:49	16:28/M
110		Andrea Hatcher	Montgomery AL	159	51	F	7/8 50-54	51:15	51:49	16:28/M
111		Cara McCullers		300	27	F	8/10 25-29	51:27	51:54	16:32/M
112		Mackenzie Langley		273	14	F	2/2 10-14	51:26	51:54	16:32/M
113		Samantha King		221	24	F	2/2 20-24	51:26	51:54	16:32/M
114		Tara McDowell	Montgomery AL	222	39	F	11/11 35-39	51:29	51:54	16:33/M
115		Jennifer Smith		380	33	F	6/11 30-34	51:53	52:03	16:41/M
116		Tyisemaselle Arrington		192	47	F	11/12 45-49	52:04	52:25	16:44/M
117		Brenda Powell		251	46	F	12/12 45-49	54:06	54:27	17:23/M
118		Anita Minehart		342	61	F	5/8 60-64	54:22	54:36	17:29/M
119		Carol Tucker	Montgomery AL	223	52	F	8/8 50-54	54:29	54:44	17:31/M
120		Jeanine Eissler	Montgomery AL	218	61	F	6/8 60-64	54:50	55:21	17:38/M
121		Belinda Wilson	Montgomery AL	212	63	F	7/8 60-64	54:52	55:24	17:38/M
122		Frank Winkler	Montgomery AL	295	71	M	2/2 70-99	55:37	56:10	17:53/M
123		Rose Winkler	Montgomery AL	167	70	F	1/1 70-99	55:38	56:11	17:53/M
124		Connie Wilkins		177	34	F	7/11 30-34	56:12	56:35	18:04/M
125		Corsica Wade		176	34	F	8/11 30-34	56:24	56:47	18:08/M
126		Myra Faniel		354	34	F	9/11 30-34	56:25	56:47	18:08/M
127		Dawn Ellis		352	29	F	9/10 25-29	56:11	56:56	18:04/M
128		Deborah Spears		241	53	M	4/4 50-54	57:17	57:25	18:25/M
129		Gloria Timmons		200	68	F	3/3 65-69	56:42	57:28	18:14/M
130		Kade Hampton		196	13	M	4/5 10-14	57:01	57:53	18:20/M
131		Corey Whaley		349	29	M	4/4 25-29	58:30	59:24	18:48/M
132		Dennis Mitchell	Montgomery AL	326	48	M	2/2 45-49	1:00:36	1:01:21	19:29/M
133		Susanna Bader		181	44	F	13/13 40-44	1:00:41	1:01:24	19:30/M
134		Becky Skipper	Montgomery AL	324	61	F	8/8 60-64	1:00:47	1:01:24	19:32/M

Family Guidance 2016

Race Date
September 10, 2016

Overall Finish List

5K

Place		City	Bib No	Age	Gen	AG Place	-----Total-----		Pace
Overall	Name						Chip Time	Gun Time	
135	Len Skipper	Montgomery AL	329	61	M	2/2 60-64	1:00:48	1:01:25	19:33/M
136	Jessica Powell		299	28	F	10/10 25-29	1:01:41	1:02:22	19:50/M
137	Matthew Powell		173	22	M	2/2 20-24	1:01:41	1:02:23	19:50/M
138	Richard Russell	Montgomery AL	269	10	M	5/5 10-14	1:02:36	1:03:19	20:07/M
139	Amanda Russell		347	30	F	10/11 30-34	1:03:01	1:03:45	20:15/M
140	Rachel Pritchett		180	30	F	11/11 30-34	1:03:03	1:03:48	20:16/M

Family Guidance 2016

Age Group Results

5K

Race Date
September 10, 2016

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Oliver Wells	Montgomery AL	369	27	1	18:25	18:26	5:55/M

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Nizhoni Thompson		249	16	4	20:45	20:48	6:40/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Juan Hernandez	Montgomery AL	405	47	6	22:53	22:54	7:21/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Towanda Thorne		256	45	12	25:53	26:04	8:19/M

Male Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Jodie Smith	Montgomery AL	365	53	15	28:10	28:18	9:03/M

Female Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Cheryl Elmore	Montgomery AL	275	53	13	25:56	26:04	8:20/M

Male Senior Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Al Millergren	Montgomery AL	207	69	35	34:05	34:14	10:57/M

Female Senior Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	V Suzette Taylor	Montgomery AL	388	60	23	30:24	30:34	9:46/M

Family Guidance 2016

Age Group Results

5K

Race Date
September 10, 2016

Male 4 to 9

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Brody Hutcheson	Montgomery AL	267	8	86	45:57	46:20	14:46/M

Female 4 to 9

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Kallie Hampton		277	8	79	42:19	42:59	13:36/M

Male 10 to 14

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Timothy Hornsby	Montgomery AL	367	12	2	20:11	20:14	6:29/M
2	* Chase Hobbs	Montgomery AL	385	10	16	28:12	28:24	9:04/M
3	* Zac Childs		230	11	77	41:58	42:31	13:29/M

Female 10 to 14

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Summer Hutcheson	Montgomery AL	272	11	37	34:15	34:19	11:00/M
2	* Mackenzie Langley		273	14	112	51:26	51:54	16:32/M

Male 15 to 19

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Devonte' Carter		228	17	73	41:22	41:38	13:18/M

Female 15 to 19

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Julie Anne Johnson		248	16	47	36:12	36:17	11:38/M

Male 20 to 24

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Robert Vines		245	23	52	36:47	37:12	11:49/M
2	* Matthew Powell		173	22	137	1:01:41	1:02:23	19:50/M

Female 20 to 24

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Lisa Ranieri		276	24	67	39:53	40:19	12:49/M
2	* Samantha King		221	24	113	51:26	51:54	16:32/M

Family Guidance 2016

Age Group Results

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Race Date
September 10, 2016

Male 25 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Ivan Ingram	Montgomery AL	412	29	9	24:36	24:48	7:54/M
2 *	Alvonta Primm		242	29	21	29:51	30:19	9:36/M
3 *	Evan Lawrence	Prattville AL	239	27	32	33:10	33:44	10:40/M

Female 25 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Danielle Ingram	Montgomery AL	413	26	14	27:48	27:58	8:56/M
2 *	Jessica Hall		280	27	45	35:11	35:45	11:18/M
3 *	Arlisha Price	Montgomery AL	408	28	56	37:36	38:18	12:05/M

Male 30 to 34

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Chase Holmberg	Montgomery AL	160	31	3	20:14	20:15	6:30/M
2 *	Richard Johnson	Montgomery AL	399	34	10	24:55	25:11	8:00/M

Female 30 to 34

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Destiny Tingto Sadler	Montgomery AL	377	34	49	36:34	36:43	11:45/M
2 *	Sana Burney		284	30	54	37:43	37:51	12:07/M
3 *	Felecia Blair	Montgomery AL	407	32	57	37:35	38:18	12:05/M

Male 35 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Daniel Salera	Montgomery AL	383	39	5	21:23	21:23	6:52/M
2 *	Ray Rayford	Montgomery AL	391	37	8	24:08	24:14	7:45/M
3 *	Jeno James	Montgomery AL	357	39	11	25:51	26:03	8:18/M

Female 35 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Ruth Givens	Montgomery AL	379	35	20	30:08	30:17	9:41/M
2 *	Christy Cronler		410	39	41	34:38	34:49	11:08/M
3 *	Lashauna Burton	Montgomery AL	402	39	59	38:17	38:27	12:18/M

Male 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Brian Roughton	Prattville AL	206	43	7	23:08	23:12	7:26/M
2 *	Michael Smith	Montgomery AL	381	44	44	35:30	35:38	11:25/M
3 *	Shelby Hutcheson	Montgomery AL	323	43	87	45:58	46:27	14:46/M

Female 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace

Family Guidance 2016

Age Group Results

5K

Race Date
September 10, 2016

Female 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Tamaia Hutchinson		363	41	26	31:10	31:20	10:01/M
2	* Jessica Terry	Pike Road AL	203	41	30	32:28	32:46	10:26/M
3	* Demetria Pollard		244	42	42	34:42	34:52	11:09/M

Male 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Matt Samples	Montgomery AL	346	48	34	34:00	34:05	10:56/M
2	* Dennis Mitchell	Montgomery AL	326	48	132	1:00:36	1:01:21	19:29/M

Female 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Brenda Leveille	Prattville AL	265	48	18	30:01	30:04	9:39/M
2	* Bridget Hammett	Montgomery AL	214	46	19	30:06	30:07	9:40/M
3	* Karen Frazier	Montgomery AL	217	46	24	30:17	30:35	9:44/M

Male 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Michael Calloway		356	51	25	30:30	30:48	9:48/M
2	* Wayne Tadlock		340	50	51	36:47	37:11	11:49/M
3	* Jeff Schlesinger	Tallassee AL	371	52	83	44:50	45:28	14:25/M

Female 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Dominique Swinson		252	51	31	33:22	33:40	10:43/M
2	* Sandy Deininger	Wetumpka AL	224	54	61	39:04	39:07	12:33/M
3	* Sandra McCullough	Montgomery AL	406	51	63	38:59	39:17	12:32/M

Male 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Robert Leveille	Prattville AL	172	55	17	29:34	29:38	9:30/M
2	* Reese Davis	Wetumpka AL	330	59	22	30:32	30:33	9:49/M
3	* Frederick Perkins	Montgomery AL	396	55	28	32:15	32:17	10:22/M

Female 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jewel Wilkinson		263	55	27	31:29	31:39	10:07/M
2	* Beth Davis	Wetumpka AL	226	55	39	34:33	34:40	11:06/M
3	* Carollynne Blakney	AI AL	187	56	46	35:28	35:51	11:24/M

Male 60 to 64

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace

Family Guidance 2016

Age Group Results

5K

Race Date
September 10, 2016

Male 60 to 64

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Thomas Minehart		205	60	40	34:29	34:44	11:05/M
2 *	Len Skipper	Montgomery AL	329	61	135	1:00:48	1:01:25	19:33/M

Female 60 to 64

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Genie Pyrlík	Montgomery AL	215	60	64	39:11	39:39	12:36/M
2 *	Carlene Johns		250	60	74	41:40	41:59	13:24/M
3 *	Karen Sanders	Montgomery AL	201	60	88	46:17	46:30	14:53/M

Male 65 to 69

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Douglas Medcalf	Wetumpka AL	288	65	98	48:03	48:38	15:27/M

Female 65 to 69

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Carolyn Irwin	Prattville AL	183	67	58	37:55	38:24	12:11/M
2 *	Frances Watts	Montgomery AL	390	65	91	47:29	47:44	15:16/M
3 *	Gloria Timmons		200	68	129	56:42	57:28	18:14/M

Male 70 and over

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Robert Lee	Montgomery AL	213	70	38	34:21	34:30	11:02/M
2 *	Frank Winkler	Montgomery AL	295	71	122	55:37	56:10	17:53/M

Female 70 and over

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Rose Winkler	Montgomery AL	167	70	123	55:38	56:11	17:53/M