

River Region Runners (R3) Meeting
April 24, 2014

The January R3 meeting was held at the Nuevo Ranchito restaurant in Wetumpka, Alabama. Dave Stever, President, opened the meeting at 6:34 p.m.

The following officers were present:

Dave Stever, President
Beth Johnson, Vice President
Janet Arant – Co-Secretary

Attendees:

Dave and Barb Stever	Ron Macksoud	David Flack
Beth Johnson	Ann and Jeffrey Vinzant	Kim Young
Jim Larkins	Zac Cosby	Roberta and John Sykes
Janet and Martin Arant	Mary Jo Starcher	
Pete and Patti Preston	Roberta Sykes	

Meeting Minutes

Janet Arant passed around copies of the minutes from the March meeting for review. There were no additions, deletions or corrections. Kim young motioned to approve the meeting minutes. Marty Jo Starcher seconded the motion, and the minutes were approved.

Financial Report:

Dave Stever announced that Kevin Banning could not attend the meeting and proceeded to distributed copies of the financial report for the period from March 21, 2014 through April 17, 2014. There were three new memberships for a total of \$60, and income from the *Cruising the Creek* race for a total of \$708.00. There was one expense for the amount \$312.50 to the City of Montgomery for the train shed rental.

Opening Balance:	\$4,435.89
Income:	768.00
Expenses:	<u>312.50</u>
Ending Balance:	\$4,891.39

Future Races

Jim Larkins passed around copies of the updated race report. Jim stated that there are no more races this month and discussed future races including the May 10th Pancake Run, two races in June, the July 4th race to be discussed later in the meeting by Dave Stever, the Builders Chase and Peanut Boil in August, and four races in September. Jim added that R3 was involved with eight races so far this year. Beth Johnson asked about the number of races this year as compared with 2013. Dave responded that up until this point R3 has been involved with approximately 12-14 fewer races as compared to 2013.

Old Business:

Hosting Club Runs (OPEN)

Dave Stever announced that the July 4th race has not yet been finalized by Peggy McLendon due to lack cooperation from Emerald Mountain regarding the use of the golf course and how much support they will provide. If Peggy does not receive the requested information by next Friday, May 2nd, there will be no race.

Volunteers Needed (OPEN)

Dave Stever requested volunteers to help with the Pancake Run on May 10th. Dave stated that the race begins at 8:00 AM but volunteers are needed as early as 6:00 AM while Barb Stever enters the data. Dave asks for assistance from those running the race by arriving early to help set up or staying after the race to fold up tables, the arches, and other equipment and supplies which only takes about 10 to 15 minutes after the last runner comes in.

Incentive “500/1000 Mile Club” (OPEN)

At the January meeting, Irene Tyner had suggested beginning an incentive program for members who log and complete 500/1000 miles. Since the Birmingham running club has a similar incentive program, Irene contacted them to get further ideas. The Birmingham club has a 1200 mile incentive program whereby members report monthly the number of miles they have run. The Birmingham members can earn a jacket embroidered with a 1200 mile club emblem or receive a special gift such as a t-shirt. Runners are responsible for reporting miles earned by participating in runs or training. The jacket can be purchased for \$54 by those who already have jackets. Additional patches can be earned for the jacket each year. After 5 years they can get a coin. For R3 members Irene proposed a 1,000 mile incentive from June 1st to June 1st which would be an achievable but challenging goal. Walking and treadmill activities would also count toward the 1,000 miles. Irene volunteered to be the chair. Pete Preston, Patti Preston and Mary Jo Starcher volunteered to be on the committee.

Trifecta Races 2015 (OPEN)

Dave Stever discussed the proposal from a previous meeting that in 2015 we set a goal to host three Club Races (April, July, and September) in order to make things more fun. Those who complete all three designated trifecta races would get a special t-shirt.

Alignment of R3 Membership with RRCA Membership (OPEN)

Current memberships that are due to expire on June 1, 2014 would renew by paying through December 31, 2015. Dave will post this proposal on the R3 website, and there will be a vote on it at the next meeting in March. David Flack asked if this is covered in the bylaws to which Jim Larkins and Mike Novak replied, “Yes.”

Dave proposed a change to the membership year from June 1 to January 1st, and that the June 1st date was originally selected to coincide with the Jubilee run. Dave added that those members who pay dues as of June 1st, 2014 will be grandfathered into the new membership year so will have 18 months of membership through December 31, 2015. Dave announced that this will be discussed at the upcoming Executive Committee meeting at which time there will be a review of the bylaws before any changes are made, then will be presented to the membership at the June meeting. Pete Preston stated that the bylaws must be reviewed and rewritten at the Executive Meeting and then posted on the R3 website, adding that there will be no regular R3 meeting next month due to the Executive Committee meeting.

Race Course Signage (OPEN)

There was no new discussion exploring alternatives to the current flour arrow system markings that do not hold up in inclement weather. Pete will report back regarding the cost of various types of tripod with Velcro arrows at future meetings.

Labor Day Run (OPEN)

Dave reported that Irene Tyner has the trophies, and Ron Macksoud has the t-shirts and entry forms. Earth Fare, although not a paying sponsor, will provide fruit, bags and water. Earth Fare's name will appear on the shirts along with RRCA and Cucos. Bama Budweiser will get in touch

with Barb Stever. The train shed fee will be \$318. Ron will complete the application and meet with Jeffrey to discuss the course. Jim Larkins had sent Barb a race map because the one previously submitted was turned down by the City of Montgomery due to the current construction on Dexter Avenue. Jeffrey Vinzant will put the run on the Active.com site.

Christmas Party 2014 (OPEN)

Barb Stever gave an update. Incredible Edibles charges \$250 for the facility plus \$175 for an alcohol permit, plus the cost of food estimated at approximately \$10.95 to \$15.95 depending on what is ordered. The food choices are ham, beef tenderloin or a baked chicken dish and Barb states she will need to know how many selections of each in advance. Jeffrey Vinzant estimates that the cost would be approximately \$20 per person. Mary Jo Starcher suggested looking into Emerald Mountain clubhouse. Dave Stever summarized by saying that they are looking for recommendations. Pete Preston suggested the possibility of catering at a place such as Lagoon Park.

New Business:

The RRCA Championship allows us to designate one race with distances that are out of the ordinary realm. This year it will be the Peavine Falls 8.3 mile run at Oak Mountain.

Motion to Adjourn at 7:06 PM

Beth Johnson motioned to adjourn the meeting. It was seconded by Pete Preston and the motion passed.