

# RIVER REGION RUNNERS MEETING

January 21, 2016

The October R3 meeting was held at Mellow Mushroom in Prattville. President Beth Johnson preceded over the meeting at 6:30 pm.

The following officers were present:

Jenny Smith, Vice President

Kevin Banning, Treasurer

## Attendees:

Dave Stever

Pete & Patti Preston

Jenny Smith

Beth Johnson

Jim Larkins

Marty & Janet Arant

Kevin Banning

Neil Rice

Bobby Reaves

David Flack

Irene Tyner

Jeffrey and Jenean Fischer

## Meeting Minutes

Dave Stever passed around a copy of the minutes from the October meeting for review. There were no corrections or additions noted. Jenny Smith motioned to approve the minutes and it was seconded by David Flack and the minutes were approved.

## Financial Report

Kevin Banning passed around a copy of the financial report to everyone for review. We were able to donate \$4,000 this year to various charitable organizations. Janet Arant motioned for the financial report to be accepted and it was seconded by Jenny Smith. At this time, Kevin turned the duties of treasurer over to our incoming treasurer, Irene Tyner.

Beginning Balance	\$8,211.40
Income	3,629.00
Expenses	<u>5,046.77</u>
Ending Balance	\$6,793.63

There is still an outstanding invoice from the Saints and Sinners Run/\$250.

## Future Races

Jim Larkins handed out a race schedule for the remainder of 2016. Jim also stated that there are problems with the older timing clocks, including difficulties obtaining parts. He would research information about purchasing new clocks. The AL Wildlife Foundation - Critter Crawl was changed to only have a 5K. The Builder's Chase run name was updated to the Moonlight Dash. The only addition is a race for the Greater Montgomery Insurance Professionals GMIP "Take a Risk & Run" 5K scheduled for

May 7th (location to be determined). Jamie Hooie and Barb Stever will be the primary points of contact for that race.

### **Old Business**

Hall Copeland said maybe we could put up some fliers at some businesses we associate with to advertise our fun runs so we would have more participants and get people interested in joining our club.

Beth said we needed to take advantage of the people coming out to the fun runs and are not members and let them see what a good group we are so maybe they will have an incentive to join our group. She said some people have mentioned to her that they feel left out of the runs as they do not have any participation in the incentives because they are not members. She said we may be discouraging people from joining because they don't feel everyone is incorporated at the fun runs. Beth stated that Avery has been getting between 50 to 60 people at his fun runs. He said we could hand out fliers or set up anything at his runs that we wanted to encourage more people to run.

Beth wants to send out an e-mail to the R3 members to get more people involved in helping out at our runs. She stated the same people help at the runs and with so many members, more could volunteer for a few races to help out. She also wants to set up an executive members board meeting in the next few weeks to see what everyone is doing in their job title.

### **New Business**

There is always a need for someone to "take the bull by the horns" and put together some fun runs. The run really doesn't have to be an elaborate affair; just get together and run! If anyone has an idea or a plan for one, get with one of the club officers to help get the word out. Use our Facebook presence to promote health and fitness.

Beth Johnson mentioned she had attended a CPR course to maintain her certification. Part of the course included instructions on how to use an automated external defibrillator (AED) for people having heart attacks. She recommended that the club purchase and have on hand an AED for those situations that might require it. They are really self-explanatory and simple to use. The motion was approved.

Beth Johnson also mentioned there will be fun runs up at Ft. Toulouse in Wetumpka. Information will be listed on social media.

### **Motion the Adjourn at 7:15 pm**

Jenny Smith motioned to adjourn the meeting and Pete Preston seconded, and the motion was passed with a voice vote.