

River Region Runners (R3) Meeting

March 19, 2015

The March R3 meeting was held at Cuco's Mexican Restaurant in Montgomery. President Beth Johnson preceded over the meeting at 6:30 pm.

The following officers were present;

Jenny Gola-Smith, Vice-President

Kevin Banning, Treasurer

Barb Stever, Secretary

Attendees:

West Marcus

Marty & Janet Arant

Pamela Cermosino

Kim & Kathy Bond

Jim Larkins

Howard Gill

Pete & Lillian Preston

Irene Tyner

John & Beth Johnson

Kevin Banning

David Flack

John Porter

Jenny Gola-Smith

Dave & Barb Stever

Meeting Minutes

Barb Stever passed around a copy of the minutes from the February meeting for review. There were no deletions or additions noted. Kathy Bond motioned to approve the minutes and David Flack seconded the motion and the minutes were approved.

Financial Report

Kevin Banning passed around a copy of the current financial report. He stated that he still had an outstanding balance for the Critter Crawl and would check on why it is not paid yet. He stated we had received checks from the CCAP Run, Cruising the Creek Run, and the Resurrection Run.

Beginning Balance	\$4,745.01
Income	1,411.00
Expenses	<u>176.52</u>
Ending Balance	\$5,979.49

Future Races

Jim passed around an updated race schedule and we reviewed upcoming races on the calendar. He said we have 2 races on the 11th of April, the Rattlesnake Rodeo in Opp, Al, and the Enlisted Heritage Race. At this time he still hadn't heard from anyone about the Enlisted Heritage Race. Kevin Banning will be having a fun run at his home on the 22nd of April. Jim asked if anyone had heard from the Family Guidance Center about if they are having a run this year and Barb Stever said she

would call and get the details. Pete volunteered to work with Beth on the Cornerstone Peach Run on June 20th.

Old Business

Beth Johnson and Jenny Gola-Smith are getting questions together to send out to the members of R3 to ask what can we do to make our club work better? Jenny said if any of us have something we want to discuss to send her the question via her e-mail address. They will also ask for anyone that would like to volunteer to work some of our races and let either Jenny or Beth know when they are available to help out. This was approved by Jenny Gola-Smith and seconded by Jim Larkins.

Irene volunteered to do the awards for the LDR again this year. We need to get started on putting this race together soon and Dave said he would start getting things together and contacting the people that are helping us out.

Pete Preston said he was still working on updating our software system for the computer. He also said he would buy a new computer as Carmen has a shorting out problem and he doesn't want that to happen at a race.

John Johnson said our new sound system came in and it is loud and pretty and neat! He said it looks nice and stands tall and paired with our old speakers it will sound awesome! John is still looking to find a permanent way to transport our new sound system.

Pete Preston said he is looking into buying a flash guard for our races as it will help our system pick up all of the numbers and hopefully correct the problem we have at times of it missing a number or two.

Barb Stever said she has the Lanark Firefly Run set up for the 13th of June and it will start at 6:30 pm .

Beth Johnson talked to Lori about starting the Cornerstone Peach Run 10k and 5k at the same time and she agreed to do this.

New Business

At the Montgomery Marathon/Half Marathon, a runner had a heart attack on the course and Avery Ainsworth and his Dad did CPR on him until the paramedics came. They say he survived his heart attack and is doing well. Jenny Gola-Smith said it would be a great idea for us to think about getting someone to teach a class for us so we could all learn CPR that wanted to. She said that would be a great benefit for our club in case we had to use it. West Marcus said the Red Cross would hold a class for us and they will do it for free. Jenny stated that the Police Academy does a class and it would cost about \$8 a person. She said it would be nice if the club picked up the tab for this as it was for the benefit of the club. Jenny and Kathy Bond will work on this and get back with us. Pete said it might be a good idea to purchase an AED for the

club. This is a defibrillator that is battery charged. Beth Johnson said she would get a price and get back to us.

Beth Johnson said the Centerpoint Half Marathon wants to use our club for their run as they stated they had used About Time and they did a horrible job. She will talk to the director and see what they need and when. Beth said the race is put on very well with a lot of sponsors and we need to talk to them about what they need from us.

Beth Johnson stated the Montgomery Bike Club is looking for someone to time their runs this summer. They would be riding on Wednesday afternoons from 5 to 6 pm and wanted to know if we would be interested in coming and timing them. There are usually about 25 riders and we are looking at timing them for about 23 weeks. The timing would be from April until around Labor Day. There would be no biking on holidays or if the weather was really bad. We would be making about \$250 every time we time them. The Bike Club wanted to know if we would give them a package deal if they used us. Beth stated we would make about \$5500 if we decided to do this. She stated we would have to have several people volunteer for this so no one is there all the time. If we timed them we would have to have a member there with the equipment. Kathy Bond and Jenny Gola-Smith said they would volunteer to do some of the Wednesdays. Pete Preston stated that Beth should contact Chris Bowers to see if he wanted to take on this project as that is what he does. Pete stated he thought this was not a good idea because not enough of our members are educated on our timing system to help out with this. Jenny said she would send out an e-mail to see who is interested in doing this and will commit.

Beth Johnson stated we need to revamp our website. She said other running club websites have membership benefits and ours has none. She said we can look into several things for member benefits like discounts in certain businesses that we shop at. She said that Mac's Sporting Goods already gives us 10% off what we buy in Peggy's store. Everyone think of a business that we can contact on getting a discount and e-mail it to Jenny Gola-Smith. What do we need to offer people as incentives to get them to join our club?

Ron Macksoud and Beth Johnson were discussing where else we could do group runs besides Shakespeare and Ft. Toulouse. If anyone has any ideas, let one of them know.

Motion To Adjourn at 7:35 pm.

West Marcus motioned to adjourn the meeting and John Johnson seconded, and the motion passed.